

Cincinnati Recreation Commission
North Avondale Recreation Center • 617 Clinton Springs Ave, 45228 • 513.961.1584

Move+Stretch+Balance



Move + Stretch + Balance
Senior Cardio Fitness Class
Low Impact / Light Weights
Stretching / Balance

Where: North Avondale Recreation Center
When: Dec 2nd- Feb 26th Mondays and Wednesdays,
10:30 AM-11:15 AM
Cost: \$2 plus membership
Contact: Brittany Barrett for more info @ 513.961.1584

No class: Dec. 23/25/30, Jan. 1/16 and Feb. 17

cincinnati.gov | 513.331.4000 | info@cincinnati-oh.gov

Recreation: February 2020

Description



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North Avondale Recreation Center
617 Clinton Springs Ave.
513.961.1584

- **Hours of Operation: Monday – Friday: 11:00 am to 9:00 pm, Saturday 9 am – 3 pm Closed on Sundays.**
- **Memberships: Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$10.00/3 months, \$35.00/year**

Cincinnati Recreation Commission

QUEEN CITY SWISH IS BACK!

Cincinnati Recreation Commission is teaming up with the Cincinnati Police Department & the Cincinnati Fire Department to present a city-wide basketball league, Queen City Swish, for ages 12-17 starting in Spring 2020! Deadline to register is February 29, 2020. Start date March 6, 2020 • Location will be North Avondale Recreation Center

Register now...game play begins in March. For more information, visit cincyrec.org.



IN PARTNERSHIP WITH



For more information, contact the Athletics Division at 513.352.4020.

To register please visit <https://cincyrec.regfox.com/2020-queen-city-swish>

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city of
CINCINNATI

The City of Cincinnati and CRC are dedicated to providing equal employment without regard to race, gender, age, color, religion, disability status, marital status, sexual orientation, or transgendered status, or ethnic, national or Appalachian origin, or on the basis of any other category protected under federal, state and local laws. The City of Cincinnati and CRC are committed to supporting the Americans with Disabilities Act. Please call if you require any special accommodations.

Hirsch Recreation Center
3620 Reading Road
513.751.3393

- **Hours of Operation:** Monday – Friday: 9:00 am to 9:00 pm; Saturday 9:00 am – 3:00 pm; Sunday 11:00-5:00

- **Memberships:** Youth (5-17) \$2.00; Young Adult (18-24) \$10.00; Adult (25-49) \$25.00; Senior (50+) \$10.00; Weight Room \$20.00/3 months, \$70.00/year

Date Created

February 1, 2020

Author

northavondale

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